

# JANUARY 2023

## West Side Christian School

### LUNCH



#### Lunch Prices:

K4 - 4<sup>th</sup> \$3.50

5<sup>th</sup> - 12<sup>th</sup> \$4.00



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

#### MONDAY

##### School Closed

2

#### TUESDAY

Ham and Cheese Sub  
Sandwich  
Cheetos  
Dill Pickle Spear  
Chocolate Chip Cookie

3

#### WEDNESDAY

Pepperoni Pizza  
Corn  
Salad  
Pudding

4

#### THURSDAY

Popcorn Chicken  
Fries  
Sweet Peas  
Jello

5

#### FRIDAY

Spaghetti w/meat sauce  
Green Beans  
Garlic Breadstick  
Mini Hershey Bar

6

Fish Sticks  
Fries  
Dill Pickle Spear  
Chocolate Chip Cookie

9

Cheeseburger  
Potato Chips  
Baked Beans  
Fruit

10

**National Milk Day**  
Pepperoni Pizza Sticks  
Corn  
Salad  
Pudding

11

Chicken Nuggets  
Mashed Potatoes  
Brown Gravy  
Sweet peas  
Jello

12

Homemade Chili  
Crackers  
Pinto Beans  
Moon Pie

13

##### Martin Luther King Holiday

16

Chicken Spaghetti  
Sweet Peas  
Roll  
Chocolate Chip Cookie

17

Pepperoni Pizza  
Corn  
Salad  
Pudding

18

Breaded Chicken Sandwich  
Potato Chips  
Baked Beans  
Jello

19

Corn Dog  
Fried Okra  
Mac N Cheese  
Sandwich Cookies

20

Frito Chili Pie  
Tator Tots  
Black Eye Peas  
Chocolate Chip Cookie

23

Chicken Strips  
Mashed Potatoes  
White Gravy  
Green Beans  
Fruit

24

Pepperoni Pizza Sticks  
Corn  
Salad  
Pudding

25

Chili Dog  
Smiley Fries  
Baked Beans  
Jello

26

Taco Salad  
Refried Beans  
Spanish Rice  
Moon Pie

27

